

Flu Vaccinations

Protect Employee health. Save lives this flu season.

WorkCare provides flu shots in the workplace and makes referrals to conveniently located off-site providers for vaccinations.

The U.S. Centers for Disease Control and Prevention recommends annual flu vaccination for all adults, unless they have a condition that precludes it.

FLU VACCINATION OPTIONS FOR INDIVIDUALS AND EMPLOYEE GROUPS

- 1. Conveniently located off-site clinics or pharmacies in WorkCare's provider network.
- 2. Existing on-site clinics staffed by WorkCare.
 - Options include employer purchase of vaccine and no additional charge when WorkCare on-site nurses administer shots.
- 3. Existing on-site clinics operated by WorkCare using temporary staff.
 - There may be a charge for per-diem staff, if needed.



DID YOU KNOW?

- The 2025-26 flu vaccine will protect against three types of viruses that are expected to be in circulation.
- Vaccination helps lower sickness absence rates and prevent production disruptions.
- Flu vaccination prevented an estimated 9.8 million illnesses, 4.8 million medical visits, 120,000 hospitalizations, and 7,900 deaths last season. (CDC data)
- While vaccination is not 100 percent effective, it helps reduce illness severity and recovery time.
- Wearing a mask, washing hands and staying home when ill helps prevent the spread of illnesses.
- Vaccination does not cause illness; some people will experience temporary symptoms while their body builds antibodies to fight viruses.
- Annual flu shots are recommended as vaccine potency wanes over time.
- 4. The WorkCare team will assist with flu prevention campaign planning and logistics, provide qualified personnel to administer shots, and manage related documentation at on-site locations.
 - The flu vaccine will be contained in manufacturerfilled syringes. It will not contain the preservative thimerosal. It is safe for pregnant women and breastfeeding mothers.